



DECEMBER 2019: Pre-K - 8 Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
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2	3	4	New York Thursday 5	6
<p>Baked Mozzarella Sticks with Marinara Dipping Sauce</p> <p>Roasted Fresh Broccoli & Cauliflower</p>	<p>Baked Chicken Bites</p> <p>Garlicky Green Beans</p> <p>Warm New York Dinner Roll</p>	<p>100% Beef Hamburgers & Cheeseburgers</p> <p>Baked French Fries</p>	<p>Teriyaki Chicken Dumplings</p> <p>Vegetable Rice</p> <p>Orange Ginger Carrots</p> <p>Fresh New York Apples</p> <p>New York Cookie Treat</p>	<p>!!! PIZZA !!!</p> <p>Margherita Pizza</p> <p>Cold Chickpea Salad</p> <p>Green Garden Salad</p>

9	10	11	New York Thursday 12	13
<p>Mac-n-Cheese</p> <p>Toasted Garlic Bread</p> <p>Baked Broccoli</p>	<p>Baked Chicken Tenders With Dipping Sauce</p> <p>Baked Sweet Potato Waffle Fries</p>	<p>BBQ Chicken Sliders</p> <p>Roasted Zucchini</p> <p>Baked! Tostitos® Scoops® Served with Salsa Cup</p>	<p>New York Beef Hamburgers & Cheeseburgers</p> <p>Baked New York French Fries</p> <p>Fresh New York Apples</p>	<p>!!! PIZZA !!!</p> <p>Chicken Ranch Pizza</p> <p>Cold Chickpea Salad</p> <p>Ranch Carrot Snackers</p>

16	17	18	New York Thursday 19	20
<p>Stuffed Shells in Marinara Sauce</p> <p>Fresh Broccoli with Garlic & Oil</p> <p>Toasted Garlic Knot</p>	<p>Peach BBQ Chicken Drumstick</p> <p>Honey Corn Muffin</p> <p>Slow Roasted Carrots</p>	<p>BRUNCH</p> <p>Specialty Breakfast Sandwich</p> <p>Home Fries</p>	<p>NEW GOLDEN KRUST® Jamaican Beef Patty</p> <p>Roasted Zucchini</p> <p>New York Cookie Treat</p> <p>Fresh New York Apples</p>	<p>!!! PIZZA !!!</p> <p>Assorted Toppings</p> <p>Cold Chickpea Salad</p> <p>Ranch Carrot Snackers</p>

Winter Recess 23	Winter Recess 24	Winter Recess 25	Winter Recess 26	Winter Recess 27
<p>Baked Mozzarella Sticks with Marinara Dipping Sauce</p> <p>Roasted Fresh Broccoli & Cauliflower</p>	<p>Baked Chicken Bites</p> <p>Garlicky Green Beans</p> <p>Warm New York Dinner Roll</p>	<p>100% Beef Hamburgers & Cheeseburgers</p> <p>Baked French Fries</p>	<p>Teriyaki Chicken Dumplings</p> <p>Vegetable Rice</p> <p>Orange Ginger Carrots</p> <p>Fresh New York Apples</p> <p>New York Cookie Treat</p>	<p>!!! PIZZA !!!</p> <p>Margherita Pizza</p> <p>Cold Chickpea Salad</p> <p>Green Garden Salad</p>

Winter Recess 30	Winter Recess 31			
<p>Mac-n-Cheese</p> <p>Toasted Garlic Bread</p> <p>Baked Broccoli</p>	<p>Baked Chicken Tenders With Dipping Sauce</p> <p>Baked Sweet Potato Waffle Fries</p>		<p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN</p>	<p>Daily Lunch Specials</p> <ul style="list-style-type: none"> • Peanut Butter & Jelly • Sunbutter & Jelly • Cheese Sandwich • Hummus Grab & Go

<p>Milk</p> <p>1% Low-fat Fat Free Fat Free Chocolate</p>	<p>Dipping Sauce Cups</p> <p>BBQ, Ranch, Honey Mustard, Hot Sauce Ketchup, Mayonnaise</p>	<p>Fresh Fruit</p> <p>No Artificial flavors, colors, or sweeteners in all OFNS Products</p>	<p>Dressings</p> <p>Chipotle Ranch Balsamic Vinaigrette Ranch Asian Sesame Honey Mustard Caesar French Italian Vinaigrette</p>	<p>Flavor Station</p> <p>Granulated Garlic Red Pepper Flakes Parmesan Cheese</p>
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ATTENTION:
All Pre-K Students CANNOT be Offered CHOCOLATE MILK or BONE-IN CHICKEN



KARATE

Is offered every Wednesday

December 4th – February 26th

From 3:00 p.m.- 4:00 p.m.

Children who do not attend Afterschool will be charged \$80 for the 10 week class (no makeup classes, no refunds)

Child must be picked up at 4:00 p.m.

Children who attend the afterschool program will be charged \$60 for the 10 week class (no makeup classes, no refunds)

Any student who does not pre-register will be charged \$15 per class each Wednesday. Please put Karate money in a separate envelope clearly labeled with your child's name and grade.

Name _____

Grade _____

Amount Enclosed \$ _____



*Join us for our Parish
Christmas Decorating Party!*

November 30, 2019

9:00 a.m. - 2:00 p.m.

Food, Fun & Caroling!

All Families Invited!

Meet in School Cafeteria at 9:00 a.m.